

David Edwards: Publications on imagery and imagery rescripting in psychotherapy

Two early publications focused on the integration of guided imagery into cognitive therapy:

- Edwards, D. J. A. (1989). Cognitive restructuring through guided imagery: Lessons from Gestalt therapy. In, A. Freeman, K. S. Simon, H. Arkowitz, & L. Beutler (Eds.), *Comprehensive Handbook of Cognitive Therapy* (pp.283-297). New York: Plenum.
- Edwards, D. J. A. (1990). Cognitive therapy and the restructuring of early memories through guided imagery. *Journal of Cognitive Psychotherapy*, 4, 33-50.

Imagery and imagery rescripting features in several published case studies:

- Edwards, D. J. A. (1995). Past life scenes in spiritual emergence. *Journal of Regression Therapy*, 9, 47-59.
- Edwards, D. J. A. (1996). The old gods are awakening: A hermeneutic case study of spiritual emergence. In, C. R. Stones (Ed.), *Qualitative research approaches to psychotherapy process* (pp 101-122). Pretoria: Human Sciences Research Council.
- Edwards, D. J. A. (2002). Conoscenza implicata e rappresentazioni interne nell'infanzia. L'uso della immaginazione guidata nell'infanzia in psicoterapia cognitiva: Il caso di Peter (Implicational knowing and the inner child — The use of regressive guided imagery in cognitive therapy). *Complessità & Cambiamento (Complexity and Change)*, 9, 39-51.
- Karpelowsky, B. J. & Edwards, D. J. A. (2005). Trauma, imagery and the therapeutic relationship: Langu's story. *Journal of Psychology in Africa*, 15 (2), 185-195.
- Payne, C. & Edwards, D. J. A. (2009). What services and supports are needed to enable trauma survivors to rebuild their lives? Implications of a systematic case study of cognitive therapy with a township adolescent girl with PTSD following rape. *Child Abuse Research in South Africa*, 10, 27-40.
- Padmanabhanunni, A., & Edwards, D. J. A. (2013). Treating the psychological sequelae of proactive drug-facilitated sexual assault: Knowledge building through systematic case-based research. *Behavioural and Cognitive Psychotherapy*, 41 (3), 371-375. doi: 10.1017/S1352465812000896.
- Van der Linde, F. & Edwards, D. J. A. (2013). "It's like uprooting trees:" Responsive treatment for a case of complex post-traumatic stress disorder following multiple rapes. *Journal of Psychology in Africa*, 23 (1), 20-29.
- Edwards, D. J. A. (2013). From panic disorder to complex traumatic stress disorder: Retrospective reflections on the case of Tariq. *Indo-Pacific Journal of Phenomenology*, 13 (2), 1-14. DOI: 10.2989/IPJP.2013.13.2.6.1180 Available: http://www.ipjp.org/index.php?option=com_jdownloads&Itemid=318&view=viewdownload&catid=57&cid=246
- Padmanabhanunni, A., & Edwards, D. J. A. (2014). A phenomenological case study of the therapeutic impact of imagery rescripting of memories of a rape and episodes of childhood abuse and neglect. *Indo-Pacific Journal of Phenomenology*, 14, (1), 1-16. DOI:10.2989/IPJP.2104.1.3.1235 Available at: http://www.ipjp.org/index.php?option=com_jdownloads&Itemid=318&view=summary&cid=256
- Padmanabhanunni, A., & Edwards, D. J. A. (2015). A case study of social cognitive treatment of PTSD in a South African rape survivor: The central role of case formulation. *Journal of Child Sexual Abuse*, 24 (2): 174-194. DOI: 10.1080/10538712.2015.997412

I have also written on the history of imagery rescripting in psychotherapy:

- Edwards, D. J. A. (2007). Restructuring implicational meaning through memory-based imagery: Some historical notes. *Journal of Behavior Therapy and Experimental Psychiatry*, 38, 306-316.
- Edwards, D. J. A. (2011). Invited essay: From ancient shamanic healing to 21st century psychotherapy: The central role of imagery methods in effecting psychological change. In, A. Hackmann, J. Bennett-Levy, & E. Holmes. *Oxford guide to imagery in cognitive therapy*. Oxford: Oxford University Press.
- Edwards, D. J. A. & Arntz, A. (2012). Schema therapy in historical perspective. In M. Van Vrieswijk, J. Broersen, & M. Nadort (Eds.), *The Wiley/Blackwell handbook of schema therapy: Theory, research and practice* (pp. 3-26). Chichester: Wiley.